

Critical Incident Stress Management Training

ASSISTING INDIVIDUALS IN CRISIS AND GROUP CRISIS INTERVENTION

Crisis intervention is NOT psychotherapy; rather, it is a specialized acute emergency mental health intervention which requires specialized training. As physical first aid is to surgery, crisis intervention is to psychotherapy. Thus, crisis intervention is sometimes called “emotional first aid”. Designed to present the core elements of a comprehensive, systematic and multi-component crisis intervention curriculum, this course will prepare participants to understand a wide range of crisis intervention services for both the individual and for groups. Fundamentals of Critical Incident Stress Management (CISM) will be outlined and participants will leave with the knowledge and tools to provide several group crisis interventions, specifically demobilizations, defusings and the Critical Incident Stress Debriefing (CISD). The need for appropriate follow-up services and referrals when necessary will also be discussed.

This 3-day course combines ALL of the content of ICISF’s Assisting Individuals in Crisis & Group Crisis Intervention

Program Highlights

- Psychological crisis intervention
- Resistance, resiliency, recovery continuum
- Critical incident stress management
- Evidence-based practice
- Basic crisis communication techniques
- Common psychological and behavioral crisis reactions
- Putative and empirically-derived mechanisms
- SAFER-Revised model
- Suicide intervention
- Relevant research findings
- Large group crisis interventions
- Small group crisis interventions
- Adverse outcome associated with crisis intervention
- Critical Incident Stress Debriefing (CISD)

Directions to The UNC Loveland Center at Centerra:

http://extended.unco.edu/assets/general-docs/Loveland_Centerra_directions_map.pdf

Presented by:



International Critical Incident Stress Foundation

Hosted by:



▶ December 12th–14th

▶ 8:30 AM–5 PM

▶ Location: UNC Loveland Center at Centerra

▶ Cost: \$200
Free for CARE Team

*Scholarships available if needed

For more information or to register, please contact Emily Leetham at eleetham@healthdistrict.org or by phone at 970.530.2883.

Continuing education credits available